



BROOKLETTS PLACE
TALBOT SENIOR CENTER
400 BROOKLETTS AVENUE * EASTON, MD
410-822-2869

SEPTEMBER 2015

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 8:00 Enhance Fitness 8:30 Yoga, Meditation and Ayurveda 9:00 Coffee Hour 9:30 Enhance Fitness 9:30 Stampin' Jewels Craft Class 10:30 Contract Bridge 12:00 Lunch 12:30 Pinochle	2 8:30 WORD 2 9:00 Line Dancing 9:00 Coffee Hour 9:00 Beginning Oil Painting 9:30 Yarn & Needle Group 10:00 Wii Bowling 10:30 Blood Pressure Screening 10:30 Dance Steps 11:00 Duplicate Bridge 12:00 Lunch	3 8:00 Enhance Fitness 8:30 Yoga, Meditation and Ayurveda 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Intermediate Watercolor 10:30 Po-Ken-O 10:45 Balance: Fall Prevention 11:00 Canasta 12:00 Lunch 12:00 T'ai Chi @TCCC 12:30 Belly Dancing Workshop w/ "Sasha" 5:00 TOPS	4 9:00 Coffee Hour 10:00 Mahjong 10:30 Keyboard/Guitar Lessons 12:00 Poetry at Noon 1:00 Spanish Fun Conversation Class
7 CLOSED LABOR DAY 	8 8:00 Enhance Fitness 8:30 Yoga, Meditation and Ayurveda 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 FREE Cross Craft w/First Baptist Church 10:30 Contract Bridge 12:00 Lunch 12:30 Pinochle 1:30 AARP Meeting	9 8:30 Comm. On Aging 8:30 WORD 2 8:45 Gentle Yoga 9:00 Line Dancing 9:00 Coffee Hour 9:00 Beginning Oil Painting 9:30 Yarn & Needle Group 10:00 Wii Bowling 10:30 Dance Steps 11:00 Duplicate Bridge 12:00 Lunch	10 8:00 Enhance Fitness 8:30 Yoga, Meditation and Ayurveda 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Intermediate Watercolor 10:30 Po-Ken-O 10:45 Balance: Fall Prevention 11:00 Canasta 12:00 Lunch/Music w/Gene Edwards Review 12:00 T'ai Chi @TCCC 5:00 TOPS	11 9:00 Coffee Hour 9:00 Zumba Gold 10:00 Mahjong 10:30 Keyboard/Guitar Lessons 12:00 Poetry at Noon 1:00 Spanish Fun Conversation Class 6:00 Sterling Dorn & The Too Smooth Dudes
14 8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Advanced Beginners Watercolor 11:00 Card Players 12:00 Lunch 12:30 Mahjong Bus Trip to Savannah, GA/Charleston, SC	15 8:00 Enhance Fitness 8:30 Yoga, Meditation and Ayurveda 9:00 Coffee Hour 9:30 Enhance Fitness 10:30 Contract Bridge 12:00 Lunch/Music w/ Shelley Abbott 12:30 Pinochle Bus Trip to Savannah, GA/Charleston, SC	16 8:45 Gentle Yoga 8:30 WORD 2 9:00 Line Dancing 9:00 Coffee Hour 9:00 Beginning Oil Painting 9:30 Yarn & Needle Group 10:00 Wii Bowling 10:30 Dance Steps 11:00 Duplicate Bridge 12:00 Lunch Bus Trip to Savannah, GA/Charleston, SC	17 8:00 Enhance Fitness 8:30 Yoga, Meditation and Ayurveda 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Intermediate Watercolor 10:30 Grocery Bingo 10:45 Balance: Fall Prevention 11:00 Canasta 12:00 Lunch 12:00 T'ai Chi @TCCC 5:00 TOPS Bus Trip to Savannah, GA/Charleston, SC	18 9:00 Coffee Hour 9:00 Zumba Gold 10:00 Mahjong 10:30 Keyboard/Guitar Lessons 12:00 Poetry at Noon 1:00 Spanish Fun Conversation Class Bus Trip to Savannah, GA/Charleston, SC
21 8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Reverse Mortgage Presentation 10:00 Advanced Beginners Watercolor 11:00 Card Players 12:00 Lunch 12:30 Mahjong National Prostate Cancer Awareness Month 	22 8:00 Enhance Fitness 8:30 Yoga, Meditation and Ayurveda 9:00 Coffee Hour 9:30 Enhance Fitness 10:30 Contract Bridge 12:00 Lunch/Royal Oak Musicians 12:30 Pinochle	23 8:45 Gentle Yoga 8:30 WORD 2 9:00 Line Dancing 9:00 Coffee Hour 9:00 Beginning Oil Painting 9:30 Yarn & Needle Group 10:00 Wii Bowling 10:30 Dance Steps 11:00 Duplicate Bridge 12:00 Lunch FIRST DAY OF AUTUMN 	24 8:00 Enhance Fitness 8:30 Yoga, Meditation and Ayurveda 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Intermediate Watercolor 10:00 Elder Law Clinic 10:30 Mt Pleasant Acres Farms 10:30 Po-Ken-O 10:45 Balance: Fall Prevention 11:00 Canasta 12:00 Lunch 12:00 T'ai Chi @TCCC 12:30 Belly Dancing Workshop w/ "Sasha" 5:00 TOPS	25 9:00 Coffee Hour 9:00 Zumba Gold 10:00 Mahjong 10:30 Keyboard/Guitar Lessons 12:00 Poetry at Noon 1:00 Spanish Fun Conversation Class
28 8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Advanced Beginners Watercolor 11:00 Card Players 12:00 Lunch 12:30 Mahjong	29 8:00 Enhance Fitness 8:30 Yoga, Meditation and Ayurveda 9:00 Coffee Hour 9:30 Enhance Fitness 10:30 Contract Bridge 12:00 Lunch 12:30 Pinochle	30 8:45 Gentle Yoga 8:30 WORD 2 9:00 Line Dancing 9:00 Coffee Hour 9:00 Beginning Oil Painting 9:30 Yarn & Needle Group 10:00 Wii Bowling 10:30 Dance Steps 11:00 Duplicate Bridge 12:00 Lunch	National Chicken, Rice and Potato Month  	 National Piano Month

BROOKLETTS PLACE – TALBOT COUNTY SENIOR CENTER – SEPTEMBER 2015

Visit our Facebook Page: *Brookletts Place – Talbot County Senior Center*

OUTINGS & EVENTS:

Thurs. Sept 10 – (12:00 p.m. – 1:00 p.m.) *Lunch/Music with Gene Edwards Review* (digital keyboard and vocal music, featuring a full array of amazing hits). *Advance sign up for lunch is required by August 27th* or you may bring your own lunch.

Friday evening Sept 11 – (6:00 p.m. – 8:00 p.m.) Put on your dancing shoes, Sterling Dorn & The Too Smooth Dudes will perform an array of American Jazz Standards. This program is funded in part by a grant from the Talbot County Arts Council, with revenues provided by the Maryland State Arts Council, Talbot County and the Towns of Easton and Oxford and The American Legion Blake-Blackston Post #77.

Tues. Sept 15 – (11:30 a.m.) Lunch with Shelley Abbott. *Advance sign-up for lunch required by Sept 1st* or you may bring your own.

Tues., Sept 22 - (12:00 p.m. – 1:00 p.m.) ROYAL OAK MUSICIANS *Enjoy original songs of the Chesapeake, along with traditional folk and Delta blues, performed by Ed Klein, Jay Brown and Lynn Henderson on three acoustic guitars and harmonica.* Made possible by the generous support of the Talbot County Arts Council, the Maryland State Arts Council, Mid-Shore Community Foundation MSCF, Dock Street Foundation, Brookletts Place and by individual contributions to the Carpe Diem Arts Outreach Fund c/o MSCF. *Advance sign-up for lunch required by Sept. 8th or you may bring your own.*

Thurs., Sept 24 - (10:30 a.m. – 2:30 p.m.) *Mt Pleasant Acres Farms* is a historically significant working farm located in Caroline County. The farm is part of a 2,167 acre tract along the Underground Byway. In the mid 1860's the entire tract belonged to Dr. Anthony Thompson, who also operated a logging and boat building business. Mr. Ben Ross, Harriet Ross Tubman's father, was a principle asset to these businesses. Tubman's parents and siblings lived on the property until she helped them escape from a system of slavery. A guided tour will include not only historical facts about the property, but visitors will be allowed to pick one quart of fresh vegetables free of charge. A boxed lunch is available to purchase with advance sign-up by September 11, 2015.

Wed., Sept 30 – **TRIP HAS BEEN CANCELLED.** Dutch Lunch Out Rudy's Family Restaurant in Harrington, DE **TRIP HAS BEEN CANCELLED.**

UPCOMING TRIPS: All trips open to anyone 21 years of age or older. SORRY but no children or infants allowed. Refund policy is in effect for all trips.

Friday, November 6, 2015 *Harrington Raceway/Casino, Harrington, DE* \$30.00 per person (includes bus transportation and all gratuities) with \$10 Free Play from Casino and one Free Buffet. The bus will leave Kohl's parking lot at 9:00 a.m. with arrival at the Casino at 10:00 a.m. We will depart the Casino at 4:00 p.m. with anticipated arrival in Easton at 5:00 p.m. *Payment due by Monday, October 5, 2015.*

February 16 – March 2, 2016 *Australia and New Zealand Cruise* 16 days/15 nights aboard the Diamond Princess. Inside Cabin Category ID - \$5294 per person, Inside Cabin Category IB \$5354 per person, Outside Cabin Category OC \$6,044 per person, Balcony Cabin Category BD - \$6544 per person or Balcony Cabin Category BC \$6614. \$100 initial deposit per person by September 30, 2015 after September 30th \$740pp. *FINAL payment due by November 3, 2015.* Please note -- cabins will not be assigned until full \$740pp deposit has been received. Prices are based on double occupancy and include roundtrip air fare from Baltimore, cruise, port charges, government fees, taxes and transfers to/from ship. **PASSPORT REQUIRED**

April 10 – 15, 2016 *Bermuda Cruise* 6 days/5nights aboard the *Carnival Pride* leaving from Baltimore; Inside Cabin Category 4D - \$657 per person or Balcony Cabin Category 8C - \$857 per person. \$25 initial deposit per person by January 15, 2015; second deposit of \$100 per person by June 15, 2015 and third deposit of \$175 per person by September 15, 2015. *FINAL payment due by January 10, 2016.* Please note -- cabins will not be assigned until full \$300 deposit has been received. Prices are based on double occupancy and include transportation to and from the port, cruise, port charges and government fees. **PASSPORT REQUIRED**

FREE PROGRAMS: *Advance sign-up requested for most programs – PLEASE NOTE – IF YOU SIGN UP FOR ANY OF THE FREE PROGRAMS THAT HAVE SPACE LIMITATIONS AND ARE UNABLE TO ATTEND, PLEASE BE COURTEOUS AND CALL TO LET US KNOW BECAUSE SOMEONE ELSE CAN BE PUT IN YOUR SLOT. ADDITIONALLY IN SOME CASES A FEE MAY APPLY FOR NO SHOWS!!*

Tues., Sept 8 - (10:00 a.m. – 11:00 a.m.) *Cross Craft* - Compliments of First Baptist Church, taught by Liz Lynch, Bob Lynch, Joann Harris, Anne Russell & Judith Grobler. Limited to 20 participants – Advance sign-up is required

Mon., September 21 – (10:00 a.m. – 11:00 a.m.) *Reverse Mortgage Presentation* - Come to Learn the Pros and Cons of Reverse Mortgages.

It may be better than you think: Know the Facts and Hear the Truth about this “Security Instrument” and how it works. 12Year Veteran Eloise Hudson of Atlantic Home Equity will be here to answer your questions.

Thurs., September 24 - (10:00 a.m. – 1:00 p.m.) *Elder Law Clinic* Attorneys will be present (by appointment only) to discuss legal issues pertaining to seniors to include: Elder Abuse, Adult Guardianship; homeowner and consumer related issues and much, much, more. Contact Mid-shore Pro-Bono at 410-690-8128 for an appointment or additional information

SELF-PAY CLASSES: SPACE AVAILABLE IN ALL CLASSES

- Tues. September 1 - (9:30 a.m. – 11:30 a.m.) Stampin' Jewels Craft Class Learn basic stamping techniques to include emboss, resist, sponging and much more with Julia Sparkman \$10.00 per person – Must be paid prior to class
- Thurs., Sept. 3rd & 24th - (12:30 p.m. – 2:00 p.m.) *Belly Dancing Class* is designed for exercise and flexibility by using every part of your body in teaching hand and arm movements, slow and fast hip movements, shimmies, walks and more. \$15.00 per class Joanne Dewilde AKA “Sasha”, Instructor. Advance registration required. Limited to 12 participants
- Advanced Beginners Watercolor Class – Every Monday (10:00 a.m. – 12:00 p.m.) \$20.00 per session, New session begins September 28, 2015. Please contact Carol Loveless, Instructor for additional information at 410-763-8320
- Yoga, Meditation and Ayurveda with Robert Messick Instructor - Every Tues. & Thurs. (8:30 a.m. - 9:30 a.m.) \$96 for a six-week series of classes, or \$10.00 per class drop-in fee. This class is for advanced beginners and intermediates.
- Beginning Oil Painting – Every Wednesday (9:00 a.m. – 12:00 p.m.) \$5.00 per hour. NO CHARGE for SUPPLIES for first three sessions. Contact Jane Bollman, Instructor at 410-770-8611 or bollman@goeaston.net for additional information or to register
- Gentle Yoga with Cyndi Prudhomme - Every Wed. (8:45 a.m. – 9:45 a.m.) \$5.00 per class drop-in fee
- Chair Pilates – Every Wed. (1:15 p.m. – 2:00 p.m.) \$70.00 per student for 10 week session – Jena Latham, Instructor
- Intermediate Watercolor - Every Thursday (10:00 a.m. – 12:00 p.m.) \$60.00 per 6 week session. New session begins November 13th. Diana Evans, Instructor
- Zumba Gold - Every Fri. (9:00 a.m. – 9:45 a.m.) Cyndi Prudhomme, Instructor - \$30.00 per session or \$5.00 per class drop in fee
- Keyboard /Guitar Lessons Every Friday (10:30 a.m. – 11:30 a.m.) \$5.00 per week taught by Quinn Parsley of Mike Elzey's Guitar Studio
- Spanish Fun Conversation Class - Every Friday (1:00 p.m. – 2:00 p.m.) \$5.00 per week taught by Roberto Padron

OTHER PROGRAMS:

- Mahjong – Every Monday 12:30 p.m. and Friday 10:00 a.m. in the Game Room: Beginners are welcome – 1st Friday of each month is designated as “New Players Day”. Come and learn!
- Contract Bridge – Every Tuesday 10:30 a.m. in Exercise Room #2 - Free Instruction for Beginners with advance notice
- Pinochle – Every Tuesday 12:30 p.m. in the Game Room – Willing to teach Beginners at any time
- Shore Line Dancing – Every Tuesday 7:00 p.m. – 9:00 p.m. FEE Applies, 1st time free. For additional information please contact Joyce at 410-228-9200 or Garon at 410-820-7176
- Yard & Needle Group – Every Wednesday at 9:30 a.m.
- Video (Wii) Bowling - Every Wednesday at 10:00 a.m. in the TV Room. Come Join the Team!
- Blood Pressure Screening – 2nd & 4th Wednesday of each month at 10:00 a.m. *Blood Pressure Screening for September 2, 2015 only, see you in October*
- Canasta – Every Thursday 11:00 a.m. in the Upstairs Lobby – *Currently for those who already know how to play.* Beginners instruction 1st Wednesday of each month from 12:00 p.m. – 3:00 p.m. – Advance notice requested for instruction
- Elder Law Clinic – Every 4th Thursday 10:00 a.m. – 1:00 p.m. BY APPOINTMENT ONLY Contact Mid-shore Pro-Bono at 410-690-8128
- Poetry at Noon – Every Friday in the Conference Room

UPCOMING PROGRAMS

OCTOBER 9 – (9:30 a.m. – 2:00 p.m.) *AARP Driver Safety Program*, Andrea Parham, Instructor \$15.00 AARP Members/\$20.00 Non-members. Limited to 12 participants – **PRE-REGISTRATION REQUIRED**

OCTOBER 21 – (9:30 a.m. – 1:30 p.m.) *Prescription Drug Disposal* - This is the perfect opportunity to get rid of all of your old medications at a secure site without polluting the water. This program is presented in partnership with the Miles River Sail & Power Squadron and the Talbot County Sheriff's Department and is open to anyone who wishes to safely dispose of expired prescription or over-the-counter medications. NO QUESTIONS ASKED! NO FORMS TO FILL OUT!